

WINTER SCHOOL ON Systematic review and meta-analysis



HIT-03 Hirschengraben 82
University of Zurich



February 2-12
2026



3 ECTS

TRANSFORM PILES OF PAPERS INTO MEANINGFUL EVIDENCE



KEY INFORMATION

- Master the systematic review and meta-analysis process from start to finish with focus on hands-on sessions and tutoring
- Work on your own research question
- Leave the course with a structured, potentially publishable project
- No prior experience with systematic reviews required



WHO SHOULD ATTEND?

- Bachelor's, Master's, and PhD students in life sciences from any Swiss university (priority to UZH students)
- Students with an interest in evidence-based research, research synthesis, and improving decision-making



WHAT WILL YOU LEARN?

- How to design and conduct a systematic review, including framing a research question, performing a literature search, screening and data extraction
- Quality assessment of scientific literature
- Meta-analysis and the use of digital tools for evidence synthesis



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& Research Synthesis



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